**Starter/Starter Assistant Questions**

Q1 What is the primary role of a Starter?

Q2 What warning cards would be shown for the following by the Starter Asst in response to the starter instructions?

1. U15 Girls 100m 1st false start
2. U17 Men’s 200m 1st false start
3. Athlete purposely delays responding to starters instructions following a set command.
4. A recall is called by the starter but the fault is deemed not to be attributed to an athlete.

Q3 How should the 2 Starter Asst organise the athletes for a 3000m race where there are 30 competitors.

**Answers**

A1 To ensure there is a fair start within the rules of competition.

A2 (a) Yellow/Black diagonal card (warning)

(b) Red/Black diagonal card (disqualification)

(c) Yellow (conduct warning)

(d) Green (technical fault)

A3 It is recommended that a split start is used. The chief SA will organise the athletes with 2 thirds on the inner line and 1 third on the forward line, following the start list in order it is printed. The 2 SA’s will take a line each; they will explain to the athletes the procedure for the front line break point. Once both SA’s have stepped back the gun will be fired.